

KRATOM

Know the Facts



Prevention Alliance
— OF TENNESSEE —

Kratom is a tropical tree native to Southeast Asia. Consumption of its leaves produces both stimulant effects (in low doses) and sedative effects (in high doses), and can lead to psychotic symptoms, and psychological and physiological dependence.

Companies sell kratom without dosing instructions, a list of ingredients or, sometimes, any label at all – leaving customers to determine product safety on their own. Vendors often brag about the strength of their kratom, marketing powders and liquid shots as “powerful,” “most potent” and “long-lasting.” A Tampa Bay Times study found the majority of products tested failed to disclose their intensity on labels.

From the National Institute of Health

- While kratom use or sale has been banned or restricted in several countries, kratom products are currently legal and accessible online and in stores in many areas of the United States.
- The U.S. Drug Enforcement Administration (DEA) has listed kratom as a “drug of concern,” though kratom and kratom compounds are not listed on the U.S. schedule of controlled substances.

**kratom is
referred to as
“legal morphine”**

